

## **Role of Panchakarma and Rehabilitation Therapy in the Management of Pakshaghata (Hemiplegia)- A Case Study**

**Armeda Malang, Lal Ravi Sahu, Divyarajsinh Gadhavi, Mahesh M**

*Parul Institute of Ayurveda, Vadodara, India*

### **Abstract:**

Among the Tridosha, Vata is considered as the controller of everything in the Sharira. The aggravated Vata itself after afflicting the concerned Dusyas pervades the entire body or a part of it and gives rise to different types of pain for which the ailment is called Vatavyadhi. One of the important diseases of such criteria is Pakshaghata which is popularly known as Hemiplegia. Here in this case study of a patient who appeared in Parul Ayurved Hospital with the history of loss of movement, weakness on the left half of body since 2 months associated with difficulty in walking and irregular in evacuation of bowels since 2 months. Patient took all other pathies treatment before 2 months but did not get complete improvement. In the present study, patient has been treated with Panchakarma procedure, ShamanaAushadhi and Rehabilitation with Physiotherapy. This protocol has shown good result and better improvement. This study shows the effective result of Panchakarma treatment along with ShamanaAushadhi and Rehabilitation with Physiotherapy in Pakshaghata disease. It also helps to understand the pathophysiology of Pakshaghata and its Ayurvedic management along with Physiotherapy.

### **Keywords:**

Pakshaghata, Hemiplegia, Panchakarma procedure, ShamanaAushadhi

**Link:** <http://www.ijpronline.com/ViewArticleDetail.aspx?ID=12759>