

**A COMPARITIVE CLINICAL STUDY TO RULE OUT THE EFFICACY OF
KARPASASTHYADI TAILA AND MASHA TAILA NASYA IN THE
MANAGEMENT OF PAKSHAGHATA**



Dissertation submitted as partial fulfilment for the degree of

AYURVEDA VACHASPATI
[Doctor of Medicine – Ayurveda]

Specialty – Panchakarma

Scholar

DR. SHIPRA RAHEJA

Under the supervision of

Guide

Dr. ROHINI SALVE

M.D. (Panchakarma)
H.O.D. and Associate Professor
Department of Panchakarma

**DEPARTMENT OF PANCHAKARMA
PARUL INSTITUTE OF AYURVED PARUL
UNIVERSITY, LIMDA, VADODARA,
GUJARAT-391760 (INDIA).**

APRIL- 2019

Enrollment No: 160202211004

ABSTRACT

Pakshaghatha is included under the Mahagadha and is an intricate disease to cure.

According to National Stroke Association, Stroke (features which are akin to Pakshaghata) is one of the leading causes of long term disability in the elderly. An effective treatment for the same is being searched for even today.

Nasya is one of the treatment modality in Pakshaghatha. Nasya is a simple method of treatment mentioned for many disorders and is considered effective in Vatavyadhi. Same is being tried with sincere effort herein.

Objective of the study:

1. To evaluate the efficacy of *Masha Taila Nasya* in management of *Pakshaghata*.
2. To evaluate the efficacy of *Karpasasthi Taila Nasya* in management of *Pakshaghata*.
3. To study the comparative effect of *Masha Taila* over *Karpaskulath Taila*.

The method followed was a randomized study. A special Proforma was prepared with all points of history taking, examination to confirm the diagnosis as mentioned in our classics and allied sciences. Patients were randomly selected.

Nasya is a therapy in which the medicinal oil is instilled in both the nostrils. The oil was prepared in the Parul Ayurved pharmacy with the decoction method.

Significant improvement was seen in terms of gross movements. The study revealed that Nasya will help immensely to the patients suffering from Pakshaghatha.

Key words: Pakshaghatha, Nasya, Masha, Karpasasthyadi.