

**“OBSERVATIONAL STUDY OF NIDANA PANCHAKA OF AMAVATA  
WITH SPECIAL REFERENCE TO RHEUMATOID ARTHRITIS”**



Dissertation submitted as partial fulfillment for the degree of

**Ayurveda Vachaspati**

**[Doctor of Medicine – Ayurveda]**

**Specialty – Roga Nidana Evum Vikriti Vignana**

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**March- 2018**

**Enrollment No: 150202209001**

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**Abstract**

**Aims and Objectives:**

To study the *Nidana Panchaka* of *Amavata* with special reference to Rheumatoid Arthritis.

**Design :** Observational study

**Setting :** Parul Ayurved Hospital, Limda, Vadodara, Gujarat.

**Study selection:** Patient with classical signs and symptoms of *Amavata* were selected.

**Main observations:**

**Observational:** *Nidana, Purvarupa, Rupa, Upashaya & Anupashaya* and *Samprapti* was established.

**Statistical Study:** Demographical data were used.

**Conclusion:**

From this study we can conclude that there is Relation between *Nidana Panchaka* of *Amavata* and Rheumatoid Arthritis.

Keywords: *Amavata*, Rheumatoid Arthritis.