

**“A COMPREHENSIVE STUDY OF *PRAMANA SHAREERA*
W.S.R TO *SHIRA PARINAHA* AND ITS RELATION WITH IQ”**



Dissertation submitted as partial fulfillment for the degree of

AYURVEDA VACHASPATI

[Doctor of Medicine – Ayurveda]

Speciality – Rachana Sharir

Scholar

V. Faiz Mohammed

Under the supervision of

Guide

Dr. Prasanna.S

M.D. (Ayu.)

Asst. Professor,

Department of Rachana Sharir

Department of Rachana Sharir

Parul Institute of Ayurved

Parul University, Limda, Vadodara,

Gujarat-391760 (India).

March- 2018

Enrollment No: 150202202003

**ABSTRACT**

Pramana Shareera is one of the finest topic in *Ayurveda Rachana Shareera* which remained untouched due to its un established practical exposure. The need and importance *Pramana Shareera* is well known in both *Ayurveda* and modern science. Anthropometry can be correlation for *Pramana Shareera* in accordance. Anthropometry and its relation with intelligence is the hot topic even in modern science. Measuring the IQ and money is time consuming test. Intelligence is a property of mind that encompasses many related abilities, such as the capacity to reason, to plan, to solve problems, to think abstractly, to comprehend ideas, to use language, and to learn. Intelligence quotient or IQ was a score derived from one of the several different standardized tests to assess intelligence. So hereby an attempt to correlate the approximately by simple *Shira Parinaha*.

Aim & objectives:

1. Comprehensive study of *Pramana Shareera*.and *Shira Parinaha* as per *Ayurvedic* classics and contemporary science .
2. To Study about *Intelligence Quotient*.
3. To fix the anatomical landmark for the measurement of *Shira Parinaha*.
4. To carry out survey on *Shira Pramana* and its relation with IQ in healthy individual.

Study design:

Observation and survey study

Material and method:

The study was conducted on 100 healthy volunteers in and around the campus of Parul University.

Statistical analysis:

Observations of the study were analyzed and findings were evaluated by using statistical methods (Pearson correlation coefficient).

Results:

The present study shows that there is positive correlation between *Shira Parinaha* is related to the IQ.

Conclusion:

The results suggest that the as the *Shira Parinaha increases, the* IQ of an individual also increases.

Keywords: *Shira Parinaha*, IQ