

**“PHILOSOPHICAL AND APPLIED ASPECT OF JAIN DARSHANA IN  
AYURVED WSR TO JAIN KALPASUTRA”**



Dissertation submitted as partial fulfillment for the degree of

**Ayurveda Vachaspati**  
**[Doctor of Medicine – Ayurveda]**  
**Ayurved Samhita and Siddhanta**

**Scholar**

Dr Bhadresh Patel

**Under the supervision of**

Dr. R. L. Thakar

M. D. (Ayu.)

Professor, Department of Ayurved Samhita and Siddhanta

**Department of Ayurved Samhita and Siddhanta**

**Parul Institute of Ayurved**

**Parul University, Limda, Vadodara, Gujarat-391760 (India).**

**March-2018**

**Enrollment No- 150202201004**

# **ABSTRACT**

Ayurveda has acknowledged all the significant hypothetical ideas from all the Indian philosophies and cultures and even atheism (Nastik Darshana) for building up the best possible technique for diagnosis and treatment.

This study has been conducted on philosophical aspect of Jain darshana in Ayurveda. In this study discussed about mainly the religious activities of the Jainas. Description of Das lakshana during the Paryushana parv in chaturmas, Mhavrata and Anuvrata for purification of soul. Discuss about these activities effect on our mental and physical wellness according to Jainism and Ayurveda.

Jain Kalpasutra teaches to restrict our activities of body, mind and speech to remain mentally and physically fit, also discussed on rules and regulation for sravakas and common people to remain healthy. In this study try to find that religion and religious activities are effective in our mental and physical condition by Ayurvedic principles.