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Review Article: Concept of Santanadosha-Congenital Anomalies in Ayurveda

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## **Abstract:**

Human body is a miracle of the nature. Creation of human body was not a random accident of the nature. It is the work of cosmic intelligence divinely planned for a definite higher purpose. Occurrence of human body in proper shape, size and weight is a wonder of nature. There are so many deformities occurring at the time of birth or after birth. The reason behind the deformities varies. According to Acharya Sushruta most of the Garbhaj Vikaritiya (fetal anomalies) is a result of karma of previous habitats (Papkarma), Poorvakarma etc. Some deformities occurs due to Bija Dosha (Sperm and Ovum deformities) means heredity, some deformities due to matrij vikrit aahar and vihar(faulty diet and behavior) means congenital deformities and others due to insult or non fulfillment of desires of pregnant mother during pregnancy. All those things which are required by mother during pregnancy and those which are not provided to the mother can be the cause of fetal deformities. Modern science has proved all the fetal anomalies scientifically with the help of various equipments. As Ayurveda scholar there is need of analytical outlook on Garbhaj vikritiya (fetal Anomalies) and their etiopathogenesis in context of Ayurveda so that it could help in knowledge, prevention and management of various fetal anomalies.