

CONCEPT OF CANCER: AN AYURVEDIC APPROACH

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ABSTRACT:

Cancer is a disease of a very complex nature with complexity at all levels of anatomy, physiology, biochemistry, molecular biology and gene expression. And it's a big struggle to treat this disorder. Several methods, including surgery, radiotherapy, radiation, interferon therapy, hormone treatment, and blood transfusion, are used to counter these diseases. But the approaches currently in progress are either to eliminate or to slow down the spread of pathogens the imminent problems related to these pathogens. The death and morbidity levels of cancer individuals are thus greater. Ayurveda which is not only a medical method but also a way of life that advocates disease prevention as its primary objective and a holistic approach to the management of various diseases. *Nidan* is the first stage and the main stage in the manifestation of disease according to the pathogenesis sequence of disease provided by Madhavkara, and gives particular insight on disease pathogenesis. Ayurveda should bring a move forward in the cure of cancers with parallels to *Arbuda-Granthi* clinical entities referred to in Sushruta samhita.

Key words: Cancer, Ayurveda, *Nidan*.

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