

Comprehensive study of *MadanphalaKalpa* (Pharmaceutical preparations of *Madanaphala*)

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Abstract: -

The *Madanakalpa* deals with the basic and important drugs used for *Vamana* (therapeutic emesis). Among the emetic drugs, *Madanaphala* is the best because it does not produce any adverse effects; therefore the section of *Kalpa Sthana* is started from *Madanaphala* formulations. Here after, a brief definition of *Vamana* and *Virechana* therapies, and the mode of action of these drugs has been described. The factors responsible for promoting therapeutic efficacy of these drugs have also been mentioned. *Desha* (habitats), suitable time and method for drug collection are given. Subsequent to collecting the *Aushadh* (drugs or herbs), storage and formulations of *Madanaphala* and specific procedure for administering emetic drugs have been given. Several dosage forms of *Madanaphalaviz.* – *Vati* (pills), *Churna* (powders), *Kwath* (linctus), *Utkarika*, *Modaka*, *Shashkuli* and in the form of *Badara* and *Sashava* have been discussed.

Keywords: *Madanaphala*, *Vamana*, *Virechana*

Introduction: -

In the preceding section to *KalpaSthana*, i.e., in *ChikitsaSthana*, *Vamana* (therapeutic emesis) and *Virechana* (purgation) have been prescribed in the context of the treatment of various diseases. In this section, these recipes have been described in detail. Generally, *Virechana* (purgation) therapy is administered only after the administration of *Vamana* (emetic) therapy. Therefore the chapters describing emetic therapy are placed before the chapters dealing with purgative therapy in *KalpaSthana*. Among emetic drugs, *Madanaphala* is the best because it does not cause any adverse effect. That explains why a chapter on *Madanaphala* precedes all other chapters in this section.

Kalpa means "that which is processed". In this context, pharmaceutical preparations are called *Kalpa*.

This *Sthana* is called *KalpaSthana* since formulations of emetics and purgatives have been described here. The preparations which expel the *Dosha* upwards through mouth are called *Urdhavabhagahara* (emetics) and those which expel downwards through rectum are *Adhobhagahara* (purgatives). In this section, it is explained that drugs