

**EFFECT OF HARIDRADI VIDALAKA IN ABHISHYANDA A CASE REPORT**

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**ABSTRACT-**The eye and eyelids are very common sites for allergic reactions. Most of the conjunctivitis seen by primary physicians is allergic in nature. It needs immediate intervention of treatment to avoid complications. The major type 1 hypersensitivity reaction involving the conjunctiva are commonly referred as allergic conjunctivitis. Acharya Sharangadhara mentioned that Vidalaka is effective procedure in all types of Abhishyanda. *VIDALAKA is application of medicated paste to the outer surface of eye lid except eye lashes.*

A 28 year female patient come with complaining of watering of eye, Itching, photophobia, mild Redness and mild swelling over the eyelid of both the eyes since 3-4 days. Application of HARIDRADI Vidalaka was done 2 times in a day for 7 days.

**KYEWORDS:** - *Kriyikalpa, Haridradi Vidalaka, vataja Abhishyanda, allergic conjunctivitis.*

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