

**A CLINICAL STUDY ON THE MANAGEMENT OF MUTRAKRICHCHRA
WITH TRIKANTAKADYA GUGGULU.**



Dissertation submitted as partial fulfilment for the degree of

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APRIL-2020

Enrollment No: 170202208002

ABSTRACT

The disease 'Mutrakrichchra' has cardinal feature of burningmicturation. Thus needs recognition to explore the newer therapeutic possibilities. It resembles Urinary Tract Infections in modern parlance which is major health problems affecting millions of people each year and frequent visits are seen in OPD in day to day practice.

The present study is undertaken to evaluate the efficacy of TrikentakadyaGuggulu n in the management of Mutrakrichchra. to Urinary Tract Infections.

METHODS

Materials and Methods:

Objective: To evaluate the therapeutic effect of TrikentakadyaGuggulu individually in patients suffering from Mutakrichchra.

Design: It will be open labelled clinical study with pre and post-test design.

Study selection: A 30patients suffering from Mutrakrichchra, irrespective of sex and caste will be selected from O.P.D. Kayachikitsa of Parul institute of Ayurevda hospital. **Intervention:** Selected patients were treated with "TrikentakadyaGuggulu" 1500 mg TDS for 14 days withAnupana Luke warm water.

Main outcome measures: Based on the assessment criteria's the parameters are graded and statistically analysed using Paired' test

RESULTS

The overall effect of the therapies showed both the TrikentakadyaGuggulu having highly significant results in management of Mutrakrichchra.

KEYWORDS: Mootrakruchra ,TrikentakadyaGuggulu, , Urinary Tract Infections