

Parul Polytechnic Institute
Department of Applied Sciences and Humanities

Parul[®]
University



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STRESS MANAGEMENT

08 | **SEPT** | **11:30 AM TO**
2020 | **12:30 PM**

RABIAH BHATTIA

A Facilitator for Education Sector and A Change maker.

Brand & Communications Head for Individuals & Organizations.

Conducting workshops on various topics such as Treasuring each child, Promoting Kindness everywhere, Creating Happiness, Goal of Education, Creating Harmonious relationships, Anger Management, Stress Management, Attitude of Gratitude And the most important topic is "create good causes to earn good fortune. For Teachers, Students and Parents.

"Teacher - Student Relationship Building, Parent - Child Relationship Building.



MODERATOR

Mr. Hemal Patel & Mrs. Vaishali Nathwani

Department of Applied Sciences & Humanities, PPI