

2011

Parul Institute of Ayurved

Internal Exam

1st BAMS

Sub- Ashtang Hrudaya

PIAR
(14.5.18)

Marks – 60

Date : 09/05/18

Section - A

Q.1. What is Adana kala and Visarga kala ? Explain its climatic changes and its effects on Tridosha and Sharir bala.10

Q.2. Answer any Two.

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- 1) Mention general seats, normal functions and Kshaya- Vrুদ্ধi lakshan of Kapha.
- 2) What is Dwividh Upakrama? Write definition and types of Shodhan and Shaman with short introduction.
- 3) What is Samyak Ahar matra? Give general causes and symptoms of Ajirna and write its types acc. to Tridosh with single treatment.

Q.3. Answer any Four.

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- a) नित्यम् हिताहारविहार सेवी समीक्ष्यकारी विषयेष्वसक्तः ।
दाता समः सत्यपरः क्षमावान् आप्तोपसेवी स भवत्यरोगः ॥.....discuss in detail.
- b) Write short note on Roga – Rogi Pariksha.
- c) Give definition and general line of treatment of Viruddha Ahara.
- d) Mention causes, symptoms and treatment of Oja kshaya.
- e) Explain Grishma Rutucharya in detail.

Q.4. Answer any five.

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- a) Enlist Adharaniya and Dharaniya vega.
- b) Indicate benefits of Vyayam and Abhyang.
- c) Mention relation of Shad rasa with Tridosha.
- d) Write functions of Saman vayu and Shleshak kapha.
- e) What is Triphala and Trikatu?
- f) Give short note on Ashray Ashrayee bhava.