

# PARUL UNIVERSITY

Parul Institute of Ayurved

BAMS Year-4 (130 Students Batch), Internal Examination, Feb- 2020

Year: 4<sup>th</sup>

Date: 11/02/2020

Subject Code:

Time: 10:00 AM to 1:00 PM

Subject Name - Panchkarma

Total Marks: 100

## Instructions:

1. All questions are mandatory.
2. Figures to the right indicate full marks.
3. Draw Diagram wherever necessary.

### Section 'A' (50 – Marks)

<b>Q.1</b>	<b>Compulsory:</b> What is <i>Panchakarma</i> ? Explain the role of <i>Panchakarma</i> in promotion of health, prevention and treatment of diseases.	<b>(10)</b>
<b>Q.2</b>	<b>Answer any One from the following.</b>	<b>(10)</b>
	(a) Write the importance of <i>Koshta</i> and <i>Agni Parikshan</i> in <i>Panchakarma</i> .	
	(b) What are the types of <i>Snehana</i> ? Describe in detail <i>Abhyantara Snehana</i> .	
<b>Q.3</b>	<b>Answer any Four questions from the following.(Each 5 Marks)</b>	<b>(20)</b>
	(a) Write Specifications of <i>Panchakarma</i> theatre	
	(b) Complete the quotation with reference and explain briefly. दोषाः कदा च कु यि तिजतालंधनपाचनैः  .....   complete the quotation with reference and explain briefly.	
	(c) Explain the specific utility and actions of <i>Vasa</i> and <i>Majja</i> .	
	(d) Explain <i>Upanah Sweda</i> and its <i>Dravya</i> .	
	(e) Explain <i>Kukkutand Pinda Sweda</i>	
<b>Q.4</b>	<b>Answer any Five questions. (Each 2 Marks)</b>	<b>(10)</b>
	(a) Definition of <i>Swedana</i> .	
	(b) Write treatment for <i>Atiswinna</i>	
	(c) Enlist <i>Niragni Sweda</i>	
	(d) What is <i>Avapeedak Snehana</i> ?	
	(e) Write any four <i>Sneha Jeerna Lakshana</i> .	
	(f) What is <i>Murdha Taila</i> ?	

### Section- 'B' (50 – Marks)

<b>Q.1</b>	<b>Compulsory:</b> Detailed classification of <i>Swedana</i> .	<b>(10)</b>
<b>Q.2</b>	<b>Answer any One from the following.</b>	<b>(10)</b>
	(a) Describe the <i>Samyak Yoga, Ayoga</i> and <i>Atiyoga Lakshana</i> of <i>Snehana</i> . Explain briefly <i>Sneha Vyapat</i> & their management.	
	(b) Explain <i>Shashtisihali Pinda Sweda</i> , its indications and contraindications.	
<b>Q.3</b>	<b>Answer any Four questions from the following.(Each 5 Marks)</b>	<b>(20)</b>
	(a) Describe <i>Jentaka Sweda</i> .	
	(b) Write short note on <i>Kati Basti</i>	
	(c) Write regimen during <i>Snehana</i> .	
	(d) Write the indication of <i>Talapothichil</i>	
	(e) Explain the quotation:रोगतु या धतापे ोना यु णो तमृदूनच यवान्िक पतोदेशे वेदः काय करोमतः	
<b>Q.4</b>	<b>Answer any Five questions. (Each 2 Marks)</b>	<b>(10)</b>
	(a) Write <i>Sushrutokta Chaturavidha Sweda</i>	
	(b) Enumerate <i>Sagni Sweda</i>	
	(c) Write the qualities of <i>Taila</i> .	
	(d) What is <i>Pravicharana</i> of <i>Sneha</i> ?	
	(e) What is <i>Peya</i> ?	
	(f) Write briefly <i>Shodhana</i> according to <i>Ritu</i> .	