

PARUL UNIVERSITY
FACULTY OF LAW
B.A. LLB Winter 2018 – 19 Examination

Semester: 4

Date: 18/12/2018

Subject Code: 15105253

Time: 10.30 am to 1.00 pm

Subject Name: Counselling Psychology

Total Marks: 60

Instructions:

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

Q.1 Do as directed.**(15)**Write True or False, (1 marks each. All Compulsory)

1. Client-Centered therapy came from humanistic school of psychology.
2. The therapist needs not to be reflective, acting as a mirror of the client's feelings, thoughts.
3. Behavior Modification doesn't rely on the concept of conditioning
4. Behavior Modification was developed from theories because they supported the idea that just as behaviors can be learned, they also can be unlearned
5. It is possible to reduce the frequency of a behaviour by not presenting the immediate reinforcement of the behavior.
6. Secondary Reinforcer are events which have significance at the emotional level.
7. Fading is always used along with prompting and cueing
8. Informal, Non-specialist, professional are three types of counseling.
9. Rapport establishment is initial process in counseling.
10. Interviewer should not have the skill of listening
11. Rational Emotive Therapy was developed by Albert Ellis.
12. In group counseling, homogeneous group is not an important aspect.
13. Ellis have developed his own model which is called A,B,C model.
14. Aptitude test can be used for proper choice of courses and careers.
15. The counselor may use the psychological test to secure accurate and reliable information.

Q.2 A) Write short notes on (Each of three mark)**(15)**

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|----------------------|--------------------------|
| 1. Child counseling. | 2. Family counseling |
| 3. Group counseling. | 4. Rapport establishment |
| 5. Alcohol abuse | |

Q.3 A) Give ethics of counseling.**(08)****OR****A) Explain meaning and goals of counseling.****(08)****B) Explain Cognitive approach and State the importance of REBT.****(07)****OR****B) Explain Behavior Modification in detail.****(07)****Q.4 A) Match the Following:-****(07)**

- | | |
|--------------------|---|
| 1. Validity | - Scoring and interpretation of scores should all be independent of subjective judgment of individual |
| 2. Norms | - a good test able to compare different individuals |
| 3. Standardization | - the degree to which the test actually measures what it claims to measure. |
| 4. Objectivity | - scores which are typical characteristic of pupils of a given age or grade. |
| 5. Stanford-Binet | - Aptitude test |
| 6. GATB | - Personality Inventory |
| 7. MMPI | - Intelligence Scale |

B) Answer the following (short questions with option) (Each of two mark)**(08)**

1. Career Counseling **or** Pre-Marital Counseling.
2. Client centered Approach **or** Yoga & meditation
3. Intelligence Test **or** Aptitude test
4. Validity **or** Reliability