

PARUL INSTITUTE OF NURSING, LIMDA, VADODARA

FIRST YEAR BSc. NURSING (BASIC) PERIODIC EXAMINATION-JAN 2017

Time: 10:00am-11:00am Max. Marks: 25

NUTRITION AND BIOCHEMISTRY

Instruction: 1) The answers should be specific to the questions asked. Draw a neat labeled diagram wherever necessary.

QUE-1 Long Essay

1+8=9 Marks

- 1) Define cooking.
- 2) Describe the methods, advantages and Disadvantages of cooking

QUE-2 short Notes (ANY TWO)

2X5= 10Marks

- 1) Factors that affect food and nutrition.
- 2) National nutritional policy.
- 3) Mitochondria

QUE-3 Short Answers (ANY THREE)

3X2=6 Marks

- 1) BMI
- 2) Metabolism
- 3) Kilocalorie
- 4) Define osmosis and diffusion