Seat No:	Enrollment No:

PARUL UNIVERSITY FACULTY OF NURSING

M.Sc. Nursing, August 2019 Examination

Year: 1 Date: 26-08-2019

Subject Code: 09202101 Time: 2:00pm to 5:00pm

Subject Name: Mental Health Nursing Total Marks: 75

Instructions:

- 1. Attempt all questions from each section.
- 2. Figures to the right indicate full marks.
- 3. Draw diagrams wherever necessary.
- 4. Write section-A, section-B on separate answer sheets.

SECTION - A (40 MARKS)

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Q-1	Long Essays. (Any one out of two) (1 x 15) 1. Define stress.	(15) 2
	2. Explain the stress as a biological response.	7
	3. Discuss stress management.	6
	OR	_
	1. Enlist various treatment modalities for mentally ill patient.	2
	2. Discuss any somatic therapy in detail.	7
0-2	3. Write down role of nurse during that somatic therapy in detail. Short Essay. (1 x 10)	6 (10)
Q-2		(10)
	1. Explain the normal reaction to conception, Pregnancy and puerperium. How do you manage the problems?	
Q-3	Short Answers. (3 x 5)	(15)
	1. Behavior therapy and role of nurse.	
	2. Side effects of antipsychotic drugs and role of nurse.	
	3. Role of nurse in Premarital and genetic counseling	
	SECTION - B (35 MARKS)	
0-1	Long Essays. (Any one out of two) (1x 15)	(15)
~ -	1. Describe dynamics of nurse client relationship.	4
	2. Discuss therapeutic nurse client relationship.	5
	3. Therapeutic impasses and its management.	6
OR		
	1. Discuss various response patterns.	4
	2. Describe behavioral components of assertive behavior.	5
	3. Explain the techniques to promote assertive behavior with illustrations.	6
Q-2	Short Essays. (1 x 10)	(10)
	1. Explain development of progression of the self esteem throughout the life span by Erikson's theory of personality development.	
Q-3	Short Answers. (2 x 5)	(10)
	1. Critical pathways of care.	

- 1. Critical pathways of care.
- 2. National Mental Health Programme