

**PARUL UNIVERSITY**  
**FACULTY OF ARTS**  
**M.Arts Winter 2018 – 19 Examination**

Semester: 3

Date: 08/12/2018

Subject Code: 15202232

Time: 10.30 am to 1.00 pm

Subject Name: Academic Counselling for Teachers

Total Marks: 60

**Instructions:**

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

**Q.1 Do as directed.****(08)****A. State whether the following statements are True or False (Each of 0.5 mark)**

1. Psychotherapy is deeper in scope whereas counseling is broader in scope.
2. Aversive conditioning is a technique for eliminating specific behavior patterns
3. Informal counseling is given by trained professional
4. Students whose scholastic achievement drops suddenly needs counseling
5. Desensitization is a technique for reducing irrational behavior
6. Reciprocal inhibition means people feel anxious and unhappy most of the time
7. Reciprocal inhibition means people feel relaxed and happy most of the time
8. Drug addiction is also a problem of maladjustment.
9. Observation can't be a good technique for obtaining information about the student.
10. Marital guidance needs to be provided in the institutions of higher learning.
11. Guidance and counseling have three fold function.
12. There is a lack of national policy on guidance and counseling programme in universities
13. The main aim of true guidance is to brighten the inner flame of a client.
14. In Individual counseling the major role is
15. Counseling as a technique can be used both with individuals and groups
16. The technique for guidance is same for every individual

**B. Define the following terms . (Each of 01 mark)****(07)**

1. Questionnaire
2. Orientation day
3. Librarian
4. Occupational Information
5. National Industrial Classification
6. Liason officer
7. Psychological Test.

**Q.2 Answer the following in brief.**

A. Parents can play a very important role in guidance programme. Elaborate.

**(04)**

B. Explain the Buehler classification of vocational life stage.

**(04)**

C. What special efforts need to be made for orienting the foreign students in particular?

**(04)****OR**

C. Why Guidance and counseling services in a surplus economy?

**(04)****Q.3 Answer the following.**

A. Elaborate different counseling technique.

**(05)**

B. What is the role of a librarian in terms of guidance program?

**(05)**

C. What special efforts need to be made for orienting the foreign students in particular?

**(05)****OR**

C. The process of vocational development may be summed up in a series of 5 life stages. Elaborate

**(05)****Q.4 Answer the following in detail.**

A. How personality of an individual affects his vocational interests?

**(06)**

B. Write a short note on Eclectic counseling.

**(06)**

C. What is the scope of Guidance and counseling in an individual life?

**(06)****OR**

C. Elaborate "Vocational maturity".

**(06)**