

**PARUL UNIVERSITY**  
**FACULTY OF ARTS**  
**M.A, Winter 2017–18 Examination**

**Semester: 3**  
**Subject Code: 15202232**  
**Subject Name: Academic Counselling for Teachers**

**Date: 18/12/2017**  
**Time: 10:30 am to 1:00 pm**  
**Total Marks: 60**

**Instructions:**

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

**Q.1 Do as directed. (08)****A. True or False.. (Each of 0.5 mark)**

1. Vocational adjustment is a mark of maturity.
2. Occupational choice is a developmental process.
3. Psychotherapy is deeper in scope whereas counseling is broader in scope.
4. The main aim of true guidance is to brighten the inner flame of a client.
5. There is a lack of national policy on guidance and counseling programme in universities.
6. Guidance and counseling have three fold functions.
7. Marital guidance needs to be provided in the institutions of higher learning.
8. Observation can't be as good technique for obtaining information about the students.
9. Drug addiction is also a problem of maladjustment.
10. Playing proxy is an example of maladjustment.
11. Reciprocal inhibition means people feel anxious and unhappy most of the time.
12. Desensitization is a technique for reducing irrational behavior.
13. Students whose scholastic achievement drops suddenly needs counseling.
14. Informal counseling is given by trained professional.
15. Aversive conditioning is a technique for eliminating specific behavior patterns.
16. Interview is an individual counseling tool.

**B. Terms/ Short notes/ Case study/ Charts/ Graphs/ Tables, etc. (Each of 01 mark) (07)**

1. Dean
2. Warden
3. Liason officer.
4. Orienting the foreign students
5. Behavioral counseling.
6. Rational emotive therapy
7. Questionnaire.

**Q.2 Answer the following questions in brief.**

- A.** Write a short note on vocational maturity. (04)
- B.** Which are the benefits of guidance and counseling in an individual's life? (04)
- C.** Which are the comparative patterns of guidance and counseling in different parts of the world? (04)

**OR**

- C.** What is the orientational function of guidance and counseling? (04)

**Q.3 Write short note.**

- A.** Classification of counseling. (05)
- B.** Scope of guidance and counseling in an individual's life. (05)
- C.** Occupational Information. (05)

**OR**

- C.** How organizing teas, picnics and games can be helpful in terms of guidance? (05)

**Q.4 Answer the following questions in detail.**

- A.** What is the need of guidance and counseling services in a surplus economy? (06)
- B.** What special efforts are needed to be made for orientating foreign students in particular? (06)
- C.** "The process of vocational development may be summed up in a series of five life stages" Elaborate. (06)

**OR**

- C.** "Parents can play a very important role in guidance program" Elaborate. (06)