

PARUL UNIVERSITY
FACULTY OF ARTS
M.A. Summer 2018 – 19 Examination

Semester: 4
Subject Code: 15201283
Subject Name: Life Enrichment

Date: 22/04/2019
Time: 10:30am to 1:00pm
Total Marks: 60

Instructions:

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

Q.1 Do as directed.**(08)****A. Multiple choice type questions. (Each of 0.5 mark)**

1. Most of our attitude is shaped during our formative years.
a) True b) False c) Both d) None
2. Environment consists of the following:
a) Home b) School c) Work d) All
2. Which one of the following is an obstacle to success?
a) Life changes b) Procrastination c) Family responsibility d) All
3. Character is a combination of
a) integrity b) unselfishness c) understanding d) All
4. Faith without action is delusion
a) True b) False c) Both d) None
5. Poor self-esteem is a lack of
a) self-respect b) self-worth c) Both d) None
6. Which one of the following is an example of demotivation?
a) Unfair treatment b) Hypocrisy c) Poor standards d) All
7. "I feel how you feel. "is an example of _____
a) empathy b) Sympathy c) Both d) None
8. "I understand how you feel" is an example of _____
a) empathy b) Sympathy c) Both d) None
9. There is a direct correlation between feeling and behavior
a) True b) False c) Both d) None
10. Relationships are based on
a) commitment b) closeness c) intimacy d) All
11. Using profanities show a lack of self-control and discipline.
a) True b) False c) Both d) None
12. The best education without common sense is worthless
a) True b) False c) Both d) None
13. The foundation of success regardless of your chosen field is attitude.
a) True b) False c) Both d) None
14. A study attributed to Harvard University found that when a person gets a job, 85% of the time it is because of their attitude, and only 15% of the time because of how smart they are
a) True b) False c) Both d) None
15. Total Quality People are people with
a) character b) integrity c) good values d) All
- 16) Doing too much alone can also be an obstacle to success.
a) True b) False c) Both d) None

B. Define the terms (Each of 01 mark)**(07)**

1. Motivation
2. Touchiness
3. Discipline
4. Sympathy
5. Empathy
6. GIGO
7. Commitment

Q.2 Answer the following.

- A. Elaborate "Attitude is a critical factor in success". (04)
- B. What is the moral of the story acres of Diamonds? (04)
- C. What are the factors that determine our attitude.? (04)

OR

- C. Write a short note on common sense. (04)

Q.3 Answer the following.

- A. What is Self-Esteem? How Do We Build Positive Self-Esteem? (05)
- B. What are the advantages of incentive motivation? (05)
- C. What are the characteristics of people with high self-esteem and low self-esteem? (05)

OR

- C. "Life Is Full Of Choices and Compromises" Elaborate. (05)

Q.4

- A. What is the moral of the story "education does not mean good judgment". (06)
- B. What are the obstacles to success? (06)
- C. Make a list of the things you would like to change about yourself and give reasons for it. (06)

OR

- C. What is the triple Es of attitude? Evaluate each of the factors individually. (06)