

**PARUL UNIVERSITY**  
**FACULTY OF ARTS**  
**M.Arts Winter 2019-20 Examination**

Semester: 1

Subject Code: 15203130

Subject Name: Personality and Clinical Psychology (Clinical Psychology)

Date: 28/11/2019

Time: 10.30 am to 1.00 pm

Total Marks: 60

**Instructions:**

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

**Q.1 Do as directed.****(08)****A. Multiple choice type questions. (Each of 0.5 mark)****1. The concept of basic anxiety was given by \_\_\_\_\_**

- |           |            |
|-----------|------------|
| (a) Fromm | (c) Horney |
| (b) Jung  | (d) Freud  |

**2. Going back to a previous stage of psychosexual development is called \_\_\_\_\_**

- |                  |                |
|------------------|----------------|
| (a) regression   | (c) repression |
| (b) displacement | (d) projection |

**3. Who used the metaphor of man-the-scientist?**

- |           |            |
|-----------|------------|
| (a) Lewin | (c) Horney |
| (b) Kelly | (d) Fromm  |

**4. Which of the following is a healthy strategy to deal with the main dilemma in Fromm's theory?**

- |                      |                             |
|----------------------|-----------------------------|
| (a) authoritarianism | (c) unity with other people |
| (b) destructiveness  | (d) automaton conformity    |

**5. Which of the following is not a characteristic feature of instincts?**

- |              |            |
|--------------|------------|
| (a) impetus  | (c) source |
| (b) cathexis | (d) object |

**6. Which of the following is not a fundamental psychological function according to Jung?**

- |              |                       |
|--------------|-----------------------|
| (a) feeling  | (c) sensing           |
| (b) thinking | (d) none of the above |

**7. Which of the following is not a concept given by Adler?**

- |                              |                        |
|------------------------------|------------------------|
| (a) striving for superiority | (c) social interest    |
| (b) archetypes               | (d) fictional finalism |

**8. (i) The aim of the reality principle is to prevent the discharge of tension until an appropriate object for the satisfaction of that need has been discovered.****(ii) Superego operates on reality principle. True or False?**

- |                |                  |
|----------------|------------------|
| (a) True- True | (c) False- True  |
| (b) True-False | (d) False- False |

**9. Which of the following is not a transferable skill from individual to couple counselling?**

- |                                     |                       |
|-------------------------------------|-----------------------|
| (a) neutrality                      | (c) reflexivity       |
| (b) experience with couple conflict | (d) none of the above |

**10. Which of the following is not a characteristic of an effective therapist?**

- |                           |                       |
|---------------------------|-----------------------|
| (a) open to change        | (c) have an identity  |
| (b) have a sense of humor | (d) none of the above |

**11. Rogers' theory is based upon the assumption that there is a real reality and that ultimately the individual has to approach it if he is to function properly and reach his potential. True or false?**

- |          |           |
|----------|-----------|
| (a) True | (b) False |
|----------|-----------|

**12. Which of the following terms refers to soul?**

- |              |            |
|--------------|------------|
| (a) sansarin | (c) prajna |
| (b) karta    | (d) jiva   |

**13. Which of the following terms refers to human being?**

- |            |             |
|------------|-------------|
| (a) purusa | (c) bhokta  |
| (b) sarira | (d) saririn |

14. \_\_\_\_\_ refers to counsellors' directly attempting to define a client's values, attitudes, beliefs, and behaviours.

- (a) counter transference (c) subjectivity  
(b) value imposition (d) transference

15. The counselling profession's emphasis on ethical practice, should inform couple counselling in exactly the same way as when working with individuals. True or false?

- (a) True (b) False

16. Which of the following is not a step in ethical decision making?

- (a) identify the dilemma (c) brainstorming  
(b) consult with the client (d) enumerate consequences of various decisions

**B. Terms/ Short notes/ Case study/ Charts/ Graphs/ Tables, etc. (Each of 01 mark) (07)**

1. Define Life space
2. Define style of life
3. Define object-cathexis
4. Define sublimation according to Jung
5. What is the difference between existentialists' and Roger's view of self-actualization?
6. Mention two circumstances in which confidentiality in counselling can be exempted.
7. Give two characteristics of a good counselling supervisor for couple therapy.

**Q.2 Answer the following.**

- A. Discuss the Ethical issue in counseling. (04)  
B. What are the competencies one must acquire to become multicultural counsellors? (04)  
C. Describe how Freud used dream analysis and free association. (04)

**OR**

- C. Write a note on order of birth and personality. (04)

**Q.3 Answer the following.**

- A. Describe the stages of psychosexual development. (05)  
B. Enumerate the issues faced by beginning counsellors. (05)  
C. What are the conceptual issues in ahamkara and ego? (05)

**OR**

- C. Briefly describe Kelly's Fundamental postulate and corollaries. (05)

**Q.4 Answer the following.**

- A. Describe the dynamics of personality according to Lewin. (06)  
B. How are individual and couple counselling different? (06)  
C. What is the structure of personality according to Jung? (06)

**OR**

- C. Write a note on phenomenological self vs existential self. (06)