

**PARUL UNIVERSITY**  
**FACULTY OF ARTS**  
**M.A. Winter 2018 – 19 Examination**

**Semester: 1**  
**Subject Code: 15203130**  
**Subject Name: Personality and Clinical Psychology**

**Date: 05/12/2018**  
**Time: 10:30am to 1:00pm**  
**Total Marks: 60**

**Instructions:**

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

**Q.1 Do as directed.****(08)****A. Multiple choice type questions. (Each of 0.5 mark)**

**1. Rogers believes that much of the self-structure consists of values introjected or taken over from other people. True or false?**

- (a) True (b) false

**2. (i) According to Kelly, people are active by definition so we do not need to know “why” they are active.**

**(ii) He gave the construct of motivation a lot of importance. True or false?**

- (a) true, true (b) true, false  
(c) false, true (d) false, false

**3. According to Lewin’s theory, which of the following is correct?**

- (a)  $P=f(L)$  (b)  $L= B+E$   
(c)  $P= f(B)$  (d)  $B= f(L)$

**4. “Moving away from people” is also called....**

- (a) compliance (b) withdrawal  
(c) aggression (d) none of these

**5. Fromm developed the thesis that as humans have gained more freedom throughout the ages they have also felt alone. True or false?**

- (a) true (b) false

**6. Which of the following is not a method used by Jung?**

- (a) method of amplification (b) dream series  
(c) free association (d) active imagination

**7. According to Adler, humans are motivated more by their expectations of the future than by experiences of the past. This is called ...**

- (a) striving for superiority (b) fictional finalism  
(c) inferiority feeling (d) compensation

**8. According to Jung, through \_\_\_\_\_ humans try to comprehend the nature of the world and themselves.**

- (a) sensing (b) intuiting  
(c) thinking (d) feeling

**9. Which of the following are transferable skills from individual to couples counselling?**

- (a) previous counselling experience with couple conflicts  
(b) empathy combined with neutrality  
(c) a non-expert stance  
(d) all of the above

**10. In couples’ therapy, ‘dual viewpoint’ refers to...**

- (a) neutrality (b) conflict  
(c) confusion (d) opposing opinions

**11. Which of the following is not a dimension of competency in multicultural counselling?**

- (a) beliefs and attitudes (b) therapist  
(c) knowledge (d) skills

**12. Which of the following is an issue faced by a beginning counsellor?**

- (a) avoiding perfectionism (b) being honest about our limitations  
(c) neither (d) both

**13. (i) Object relations can be understood as redirection of energy or object choice**

**(ii) This is contrast to the neo Piagetian view of object creation. True or false?**

- (a) true, true (b) true, false  
(c) False, true (d) false, false

**14. Who amongst the following is not an existentialist?**

- (a) Sartre (b) Kierkegaard  
(c) Heidegger (d) Rogers

**15. (i) In the neo Piagetian view, separation anxiety in infancy is about loss of caregiver.**

**(ii) It is about separation from self as the concept of object (not self) has not yet emerged.**

**True or False?**

- (a) true, true (b) true, false  
(c) false, true (d) false, false

**16. \_\_\_\_\_ is defined as an inborn psychological representation of an inner somatic source of excitation.**

- (a) wish fulfillment (b) instinct  
(c) primary process (d) need

**B. Terms/ Short notes (Each of 01 mark)**

**(07)**

**1. What is a complex according to Jung?**

**2. What is lifespace?**

**3. What is basic evil?**

**4. Define self-structure.**

**5. What is the difference between personal growth and personality development?**

**6. How is tolerating ambiguity an issue faced by beginning counsellors?**

**7. What is the difference between mandatory ethics and aspirational ethics?**

**Q.2 Answer the following.**

**A. What are the steps of making an ethical decision?**

**(04)**

**B. Explain the statement, “existentialism undercuts the dichotomy between subject and object”.**

**(04)**

**C. Write a brief note on Adler’s concept of style of life.**

**(04)**

**OR**

**C. How is the accessibility between regions represented in Lewin’s theory?**

**(04)**

**Q.3 Answer the following.**

**A. Give Kelly’s fundamental postulate and its corollaries.**

**(05)**

**B. What are the personal characteristics of an effective counsellor?**

**(05)**

**C. Write a note on the defense mechanisms of the ego.**

**(05)**

**OR**

**C. Write a note on conceptual issues with *Ahamkara* and ego.**

**(05)**

**Q.4 Answer the following.**

**A. Discuss archetypes.**

**(06)**

**B. Discuss the development of family systems therapy.**

**(06)**

**C. Explain neurotic needs in Horney’s theory**

**(06)**

**OR**

**C. Discuss cognitive-experiential self theory**

**(06)**