

PARUL UNIVERSITY
FACULTY OF ARTS
B.A. Winter 2019– 20 Examination

Semester: 3
Subject Code: 15105203
Subject Name: Introduction to Health Psychology

Date: 29/11/2019
Time: 10.30 am To 1.00 pm
Total Marks: 60

Instructions:

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

Q.1 Do as directed.**(08)****A. Multiple choice type questions. (Each of 0.5 mark)**

1. Study which look forward in time to see how a group of people change between two variable change over time.

- | | |
|--------------------------|----------------------------|
| (a) Experiments | (c) co relational research |
| (b) Prospective research | (d) All of the above |

2. Which model assumes that psychological and social process are largely irrelevant to the disease process.

- | | |
|----------------------|----------------------|
| (a) biomedical model | (c) Cultural model |
| (b) Health model | (d) Protection model |

3. _____ refers to number of cases of a disease that exist a point of time

- | | |
|---------------------------|---------------|
| (a) Epidemiology | (c) Morbidity |
| (b) Retrospective designs | (d) Morality |

4. Protection motivation theory describe severity susceptibility and fear as relating to _____

- | | |
|----------------------|------------------------|
| (a) self efficacy | (c) coping appraisal |
| (b) Threat appraisal | (d) Maladaptive coping |

5. The interaction of _____ and _____ has concerned philosophers and scientist for centuries

- | | |
|---------------------|-----------------------|
| (a) mind, body | (c) economy, diseases |
| (b) health, illness | (d) wellness, illness |

6. _____ is a hormone made from beta cells inside of the pancreas.

- | | |
|---------------|-----------------------|
| (a) Serotonin | (c) Pepsin |
| (b) Insulin | (d) None of the above |

7. _____ condition arising due to low blood glucose.

- | | |
|-------------------|-----------------------|
| (a) Hypoglycemia | (c) Peptic Ulcers |
| (b) Bowel problem | (d) None of the above |

8. _____ is caused by fatty elements in the body.

- | | |
|-------------------|-------------------|
| (a) Hypoglycemia | (c) Peptic Ulcers |
| (b) Bowel problem | (d) Obesity |

9. Dislike for food is technically known as _____

- | | |
|----------------------|------------------------|
| (a) Anorexia Nervosa | (c) Peptic Ulcers |
| (b) Bowel problem | (d) Ulcerative colitis |

10. According to Piaget's development, in which stage child develop logical thinking about concrete objects.

- | | |
|------------------------|--------------------------|
| (a) Sensorimotor | (c) concrete operational |
| (b) Formal operational | (d) Preoperational |

11. . According to Piaget's development, in which stage child can think about abstract propositions.

- | | |
|------------------------|--------------------------|
| (a) Sensorimotor | (c) concrete operational |
| (b) Formal operational | (d) Preoperational |

12. According to Piaget's development, in which stage child learn to use language.

- | | |
|------------------------|--------------------------|
| (a) Sensorimotor | (c) concrete operational |
| (b) Formal operational | (d) Preoperational |

13. According to Piaget's development, in which stage child achieves conservation of number, mass and weight.

- | | |
|------------------------|--------------------------|
| (a) Sensorimotor | (c) concrete operational |
| (b) Formal operational | (d) Preoperational |

14. According to Piaget's development, in which stage child achieves object permanence.

- (a) Sensorimotor (c) concrete operational
(b) Formal operational (d) Preoperational

15. _____ is the third stage or the eighth week of prenatal development

- (a) Embryonic Stage (c) Fetal Stage
(b) Zygote Stage (d) None of the above

16. Which month in span of milestone does the child start to "Roll Over"

- (a) 1-2 month (c) 2-3 month
(b) 4 month (d) 5 month

B. Define the following. (Each of 01 mark)

(07)

- 1. Peptic Ulcers**
- 2. Stress Management**
- 3. Evidence based medicine**
- 4. Neural Tube**
- 5. Subjective norms**
- 6. Fetal Alcohol syndrome.**
- 7. Epidemiology**

Q.2 Answer the following.

- A.** What are the roles of Health Psychologist?
B. Explain General adaptation syndrome.
C. Explain Type-A behavior Pattern.

(04)

(04)

(04)

OR

- C.** Explain social support in context of Stress Management.

(04)

Q.3 Answer the following.

- A.** Explain Health belief Model.
B. Explain Diabetes.
C. Give general idea about Menopause. Explain Psychological effects of Menopause.

(05)

(05)

(05)

OR

- C.** Give a brief idea about Parkinson's.

(05)

Q.4 Answer the following.

- A.** Explain Child Development according to Piaget's stages of development.
B. Explain Nutrition, Diet, Exercise & Yoga as health promotion.
C. What are Gastro Intestinal Tract disorders?

(06)

(06)

(06)

OR

- C.** Give positive and negative implications of Smoking and drinking.

(06)