

PARUL UNIVERSITY
FACULTY OF ARTS
B.Arts Winter 2019 – 20 Examination

Semester: 3
Subject Code: 15105202
Subject Name: Health Psychology

Date: 25/11/2019
Time: 10.30 am to 1.00 pm
Total Marks: 60

Instructions:

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

Q.1 Do as directed.**(08)****A. Multiple choice type questions. (Each of 0.5 mark)**

1. Study which look forward in time to see how a group of people change between two variable change over time.

- | | |
|--------------------------|----------------------------|
| (a) Experiments | (c) co relational research |
| (b) Prospective research | (d) All of the above |

2. Which model assumes that psychological and social process are largely irrelevant to the disease process.

- | | |
|----------------------|----------------------|
| (a) biomedical model | (c) Cultural model |
| (b) Health model | (d) Protection model |

3. _____ refers to number of cases of a disease that exist a point of time

- | | |
|---------------------------|---------------|
| (a) Epidemiology | (c) Morbidity |
| (b) Retrospective designs | (d) Morality |

4. Protection motivation theory describe severity susceptibility and fear as relating to _____

- | | |
|----------------------|------------------------|
| (a) self efficacy | (c) coping appraisal |
| (b) Threat appraisal | (d) Maladaptive coping |

5. The interaction of _____ and _____ has concerned philosophers and scientist for centuries

- | | |
|---------------------|-----------------------|
| (a) mind, body | (c) economy, diseases |
| (b) health, illness | (d) wellness, illness |

6. _____ is a hormone made from beta cells inside of the pancreas.

- | | |
|---------------|-----------------------|
| (a) Serotonin | (c) Pepsin |
| (b) Insulin | (d) None of the above |

7. _____ condition arising due to low blood glucose.

- | | |
|-------------------|-----------------------|
| (a) Hypoglycemia | (c) Peptic Ulcers |
| (b) Bowel problem | (d) None of the above |

8. _____ is caused by fatty elements in the body.

- | | |
|-------------------|-------------------|
| (a) Hypoglycemia | (c) Peptic Ulcers |
| (b) Bowel problem | (d) Obesity |

9. Dislike for food is technically known as _____

- | | |
|----------------------|------------------------|
| (a) Anorexia Nervosa | (c) Peptic Ulcers |
| (b) Bowel problem | (d) Ulcerative colitis |

10. According to Piaget's development, in which stage child develop logical thinking about concrete objects.

- | | |
|------------------------|--------------------------|
| (a) Sensorimotor | (c) concrete operational |
| (b) Formal operational | (d) Preoperational |

11. . According to Piaget's development, in which stage child can think about abstract propositions.

- | | |
|------------------------|--------------------------|
| (a) Sensorimotor | (c) concrete operational |
| (b) Formal operational | (d) Preoperational |

12. According to Piaget's development, in which stage child learn to use language.

- | | |
|------------------------|--------------------------|
| (a) Sensorimotor | (c) concrete operational |
| (b) Formal operational | (d) Preoperational |

13. According to Piaget's development, in which stage child achieves conservation of number, mass and weight.

- (a) Sensorimotor
- (b) Formal operational
- (c) concrete operational
- (d) Preoperational

14. According to Piaget's development, in which stage child achieves object permanence.

- (a) Sensorimotor
- (b) Formal operational
- (c) concrete operational
- (d) Preoperational

15. ___ is the third stage or the eighth week of prenatal development

- (a) Embryonic Stage
- (b) Zygote Stage
- (c) Fetal Stage
- (d) None of the above

16. Which month in span of milestone does the child starts to "Roll Over"

- (a) 1-2 month
- (b) 4 month
- (c) 2-3 month
- (d) 5 month

B. Define the following. (Each of 01 mark)

(07)

1. Peptic Ulcers
2. Stress Management
3. Evidence based medicine
4. Neural Tube
5. Subjective norms
6. Fetal Alcohol syndrome
7. Epidemiology

Q.2 Answer the following.

- A.** What are the roles of Health Psychologist? **(04)**
- B.** Explain General adaptation syndrome. **(04)**
- C.** Explain Type-A behavior Pattern. **(04)**

OR

- C.** Explain social support in context of Stress Management. **(04)**

Q.3 Answer the following.

- A.** Explain Health belief Model. **(05)**
- B.** Explain Nutrition, Diet, Exercise & Yoga as health promotion. **(05)**
- C.** Explain aim of Health psychology. **(05)**

OR

- C.** Give a brief idea about Parkinson's. **(05)**

Q.4 Answer the following.

- A.** What are Gastro Intestinal Tract disorders? **(06)**
- B.** Give positive and negative implications of Smoking and drinking. **(06)**
- C.** Explain Child Development according to Piaget's stages of development. **(06)**

OR

- C.** Explain Diabetes. **(06)**