

PARUL UNIVERSITY
FACULTY OF ARTS
B.Arts Winter, 2018 – 19 Examination

Semester: 4
Subject Code: 15105251
Subject Name: Community Psychology

Date: 17/12/2018
Time: 02:00pm to 04:30pm
Total Marks: 60

Instructions:

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

Q.1 Do as directed.**(08)****A. Multiple choice type questions. (Each of 0.5 mark)**

1. According to community psychology, in community work the best decisions are reached through:

(a) By consensus	(c) Through constructive debate
(b) the decision makers are held accountable	(d) clear cut standards and expectations exist
2. A community psychologist might find herself or himself conducting research in a mental health centre :

(a) True	(c) Ambiguous
(b) False	(d) None of these
3. Treatment in social case work involves:

(a) Administration of social services	(c) Counseling
(b) Environmental modification	(d) Counseling, administration of social services
4. In Community Work, interview is an important:

(a) Tool	(c) Technique
(b) Method	(d) All the above
5. Which of the following is not a part of social case work process?

(a) assessment	(c) evaluation
(b) Content analysis	(d) treatment
6. Which of the following is a part of social case work process:

(a) assessment	(c) evaluation
(b) treatment	(d) all of the above
7. Through collaborative research and action, community psychologists seek to understand and enhance _____ for individuals and community:

(a) quality of life	(c) interpersonal relationships
(b) status quo	(d) all of these
8. The Community psychology is fundamentally concerned with the relationship between _____ systems and _____ in the community context

(a) social, support	(c) social, treatment
(b) social, individual well-being	(d) None of the above
9. The biggest challenge in planning for change is:

(a) Who will be affected by the change	(c) Deciding who should implement the change
(b) Anticipating unexpected outcomes	(d) Communicating why the change is needed
10. community psychology emphasizes the connection between _____ and _____ not either alone, where as psychology emphasizes the _____:

(a) upper class; lower class; environment	(c) individuals; environment; individuals
(b) cultures; institutions; individuals	(d) none of these
11. Which one of the following is not a technique of case work?

(a) Interviewing	(c) Counseling
(b) Lobbying	(d) Observation

12. The act of perceiving, understanding, responding to emotional state and ideas of another person is known as:

- (a) Empathy (c) Displacement
(b) Sympathy (d) Transference

13. In Community Work, interview is an important:

- (a) Tool (c) Technique
(b) Method (d) All the above

14. Which word among the following refers to psychological exhaustion followed by physical exhaustion caused by an inability to cope?

- (a) Frustration (c) Burnout
(b) Insomnia (d) Crisis

15. Community psychology is fundamentally concerned with the relationship between _____ systems and _____ in the community context

- (a) social, support (c) social, treatment
(b) social, individual well-being (d) None of the above

16. Which technique is most suitable to study in depth?

- (a) structured interview (c) unstructured interview
(b) observation (d) mailed questionnaire

B. Answer the following. (Each of 01 mark) (07)

1. Define Existential Psychology.
2. Name any 2 humanistic therapies.
3. Define Gestalt therapy.
4. Family therapy comes under which type of therapy technique?
5. What is community psychology?
6. Behaviour therapy emphasizes upon modifying a person's maladaptive emotions. (true/false)
7. 2 major symptom of severe depression.

Q.2 Answer the following.

- A. Describe the roles of a community psychologist. (04)
B. Write the down the Crisis Intervention phases. (04)
C. Discuss in brief the concept of mental health. (04)

OR

- C. Write down any 2 mood disorders with their symptoms. (04)

Q.3 Answer the following.

- A. Concept of Social Interest (Adler). (05)
B. Discuss Social Learning Theory (Bandura & Rotter). (05)
C. Write a short note on depression. (05)

OR

- C. Write a short note hallucination. (05)

Q.4 Answer the following.

- A. What is schizophrenia? Explain the types. (06)
B. Discuss the Gilliland's Six-Step Model. (06)
C. Discuss the Professional and Non-professional services in community psychology. and identity. (06)

OR

- C. What is delusion? Write down any 3 types and explain in brief. (06)