

PARUL UNIVERSITY
FACULTY OF ARTS
B.Arts Summer 2018– 19 Examination

Semester:3

Subject Code: 15105203

Subject Name: Introduction to Health Psychology

Date: 08/05/2019

Time: 10.30 am to 1.00 pm

Total Marks: 60

Instructions:

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

Q.1 Do as directed.**(08)****A. Multiple choice type questions. (Each of 0.5 mark)**

1. The interaction of ___ and ___ has concerned philosophers and scientist for centuries

(a) mind, body	(c) economy, diseases
(b) health, illness	(d) wellness, illness
2. Study which look forward in time to see how a group of people change between two variable change over time.

(a) Experiments	(c) co relational research
(b) Prospective research	(d) All of the above
3. . ___ refers to number of cases of a disease that exist a point of time

(a) Epidemiology	(c) Morbidity
(b) Retrospective designs	(d) Morality
4. Protection motivation theory describe severity susceptibility and fear as relating to ___

(a) self efficacy	(c) coping appraisal
(b) Threat appraisal	(d) Maladaptive coping
5. Which model assumes that psychological and social process are largely irrelevant to the disease process.

(a) biomedical model	(c) Cultural model
(b) Health model	(d) Protection model
6. _____ is a hormone made from beta cells inside of the pancreas.

(a) Serotonin	(c) Pepsin
(b) Insulin	(d) None of the above
7. _____ condition arising due to low blood glucose.

(a) Hypoglycemia	(c) Peptic Ulcers
(b) Bowel problem	(d) None of the above
8. _____ is caused by fatty elements in the body.

(a) Hypoglycemia	(c) Peptic Ulcers
(b) Bowel problem	(d) Obesity
9. Dislike for food is technically known as _____.

(a) Anorexia Nervosa	(c) Peptic Ulcers
(b) Bowel problem	(d) Ulcerative colitis
10. According to Piaget's development, in which stage child develop logical thinking about concrete objects.

(a) Sensorimotor	(c) concrete operational
(b) Formal operational	(d) Preoperational
11. . According to Piaget's development, in which stage child can think about abstract propositions.

(a) Sensorimotor	(c) concrete operational
(b) Formal operational	(d) Preoperational
12. According to Piaget's development, in which stage child learn to use language.

(a) Sensorimotor	(c) concrete operational
(b) Formal operational	(d) Preoperational
13. According to Piaget's development, in which stage child achieves conversation of number, mass and weight.

(a) Sensorimotor	(c) concrete operational
(b) Formal operational	(d) Preoperational

14. According to Piaget's development, in which stage child achieves object permanence.
- (a) Sensorimotor (c) concrete operational
 (b) Formal operational (d) Preoperational
15. _____ is the third stage or the eighth week of prenatal development
- (a) Embryonic Stage (c) Fetal Stage
 (b) Zygote Stage (d) None of the above
16. Which month in span of milestone does the child starts to "Roll Over"
- (a) 1-2 month (c) 2-3month
 (b) 4 month (d) 5month

B. Define the following. (Each of 01 mark)

(07)

1. Peptic Ulcers
2. Stress Management
3. Evidence based medicine
4. Neural Tube
5. Subjective norms
6. Fetal Alcohol syndrome
7. Epidemiology

Q.2 Answer the Following.

- A. What are the roles of Health Psychologist? **(04)**
 B. Explain General adaption syndrome. **(04)**
 C. Explain Type-A behavior Pattern. **(04)**

OR

- C. Explain social support in context of Stress Management. **(04)**

Q.3 Answer the Following.

- A. Explain Diabetes. **(05)**
 B. Explain Health belief Model. **(05)**
 C. Give general idea about Menopause. Explain Psychological effects of Menopause. **(05)**

OR

- C. Give a brief idea about Parkinson's. **(05)**

Q.4 Answer the Following.

- A. Explain Child Development according to Piaget's stages of development. **(06)**
 B. Explain Nutrition, Diet, Exercise & Yoga as health promotion. **(06)**
 C. What are Gastro Intestinal Tract disorders? **(06)**

OR

- C. Give positive and negative implications of Smoking and drinking. **(06)**