

PARUL UNIVERSITY
FACULTY OF ARTS
B.A Summer 2017 – 18 Examination

Semester: 4
Subject Code: 15105252
Subject Name: Guidance and Counselling

Date: 10/05/2018
Time: 10.30 am to 1.00 pm
Total Marks: 60

Instructions:

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

Q.1 Do as directed.**(08)****A. Multiple choice type questions. (Each of 0.5 mark)**

1. _____ is defined as “essentially an objective and standardized measure of behavior”
 - a. Psychological test
 - b. Test
 - c. Psychometric test
 - d. Psychological scale
2. “NEA” stands for?
 - a. National Education Administration.
 - b. National Elementary Administration.
 - c. National Education Association.
 - d. National Elementary Association.
3. Following are the type of validity except _____.
 - a. Face validity
 - b. Content validity
 - c. Criterion validity
 - d. Construct validity
4. Following are the objective personality test except _____.
 - a. MMPI
 - b. EPPQ
 - c. HTP
 - d. MBTI
5. Stanford – Binet intelligence scale, a revision of the Binet-Simon scales, was prepared by _____.
 - a. David Wechsler
 - b. L.M Terman
 - c. R.S woodsworth
 - d. Henry Murray
6. _____ is the capability for a task or type of skills.
 - a. Attitude
 - b. Interest
 - c. Aptitude
 - d. All of the above
7. _____, which tests a number of skills by administering a variety of tests.
 - a. Battery
 - b. Multiphasic batteries
 - c. Multiaptitude batteries
 - d. None of the above
8. _____ is one in which an abuser or addicted person has more than one aspects of personality that is open to treatment.
 - a. Matching
 - b. Dual diagnosis
 - c. Both a and b
 - d. None of the above

9. _____ is the recidivism or reoccurrence of dysfunctional behaviors once they have been treated.
- Denial
 - Matching
 - Relapse
 - None of the above
10. _____ refers to family environments in which members are overly dependent on each other or are undifferentiated.
- Triangulation
 - Chaotically disengaged
 - Enmeshment
 - None of the above
11. In _____ members enact unrehearsed role-plays, with the group leader serving as the director.
- Psychodrama
 - Group marathon
 - Self help group
 - None of the above
12. The example given below talks about which behavioral therapy ?
Every times Joe, a nine year old girl bites her nails, her mother gives her an angry look. Joe understands the mother's anger and tries not to repeat the bad habit. A maladaptive behavior is gradually removed.
- Token economy
 - Aversion therapy
 - Systematic desensitization
 - none of the above
13. it is a form of behavior therapy in which the patient is conditioned to avoid an undesirable behavior or symptoms by associating them with painful or unpleasant experiences.
- Token economy
 - Aversion therapy
 - Systematic desensitization
 - none of the above
14. Positive reinforcement can be done by following method except _____
- Token economy
 - Responsive shaping
 - Flooding
 - Modelling
15. It is a behavior therapy techniques in which the patient is given training to bring change in emotional and other behavioral pattern.
- Cognitive behavior therapy
 - Implosive therapy
 - Token economy
 - None of the above
16. _____ describes family fusion situations in which the other members of the triangle pull a person in two different direction
- Triangulation
 - Chaotically disengaged
 - Enmeshment
 - None of the above

B. Terms/ Short notes/ Case study/ Charts/ Graphs/ Tables, etc. (Each of 01 mark)

(07)

- NCDA stands for_____.
- List the three important aspects of career counselling?
- _____test , which assess a single ability or skills.
- Name 3 interest inventory.
- Define speed and power test.
- what do you understand by “ripple effect”
- Name the three c's of addiction?

Q.2 Answer the following.

- A. List down and explain the qualities of good test? (04)
- B. Explain the stages in groups? (04)
- C. Explain developmental theory? (04)

OR

- C. Write short note on the potential and problems of using test ? (04)

Q.3 Answer the following.

- A. Write short note on REBT- Rational emotive behavior therapy? (05)
- B. Explain the stages of family life cycle ? (05)
- C. Explain the following in detail: (05)
 - 1. Personality test
 - 2. Achievement test

OR

- C. Write short note on : (05)
 - 1. The general nature of substance abuse and addiction
 - 2. Treating substance abuse and addiction

Q.4 Answer the following.

- A. Explain the concept of Emphases and role , activities , prevention and remediation in middle school counselling ? (06)
- B. Explain the concept of interpersonal abuse and preventing and treating interpersonal abuse ? (06)
- C. Explain the process of marriage , couple and family counselling ? (06)

OR

- C. Explain the cognitive approach to psychology? (06)