

**PARUL UNIVERSITY**  
**FACULTY OF ARTS**  
**B.A, Summer 2017 – 18 Examination**

**Semester: 4**  
**Subject Code: 15105251**  
**Subject Name: Community Psychology**

**Date: 08/05/2018**  
**Time: 10:30am to 1:00pm**  
**Total Marks: 60**

**Instructions:**

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

**Q.1 Do as directed.****(08)****A. Multiple choice type questions. (Each of 0.5 mark)**

1. through collaborative research and action, community psychologists seek to understand and enhance \_\_\_\_\_ for individuals and community.
 

(a) quality of life	(c) interpersonal relationships
(b) status quo	(d) all of these
2. community psychology emphasizes the connection between \_\_\_\_\_ and \_\_\_\_\_ not either alone, where as psychology emphasizes the \_\_\_\_\_.
 

(a) upper class; lower class; environment	(c) individuals; environment; individuals
(b) cultures; institutions; individuals	(d) none of these
3. Collective wellness: the health of communities and societies, is a major research area in the field of community psychology.
 

(a) True	(b) False
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4. In community work, the best decisions are reached:
 

(a) By consensus	(c) Through constructive debate
(b) When the decision makers are held accountable	(d) When clear cut standards and expectations exist
5. The biggest challenge in planning for change is:
 

(a) Who will be affected by the change	(c) Deciding who should implement the change
(b) Anticipating its unintended, unexpected outcomes	(d) Communicating why the change is needed
6. In Community Work, interview is an important:
 

(a) Tool	(c) Technique
(b) Method	(d) All the above
7. Which one of the following is not a technique of case work?
 

(a) Interviewing	(c) Counseling
(b) Lobbying	(d) Observation
8. Which word among the following refers to psychological exhaustion followed by physical exhaustion caused by an inability to cope?
 

(a) Frustration	(c) Burnout
(b) Insomnia	(d) Crisis
9. which technique is most suitable to study in depth?
 

(a) structured interview	(c) unstructured interview
(b) observation	(d) mailed questionnaire
10. The act of perceiving, understanding, responding to emotional state and ideas of another person is known as
 

(a) Empathy	(c) Displacement
(b) Sympathy	(d) Transference
11. Which of the following is not a part of social case work process?
 

(a) assessment	(c) evaluation
(b) Content analysis	(d) treatment

12. Treatment in social case work involves
- |                                       |  |
|---------------------------------------|--|
| (a) Administration of social services | (c) Counseling   |
| (b) Environmental modification        | (d) Counseling, environmental modification and administration of social services |

13. The first step involve in community process is
- |                             |  |
|-----------------------------|--|
| (a) Gathering information   | (c) Developing and supporting a group campaign |
| (b) Assessing the situation | (d) None of these                              |

14. The process of community work is a never ending process.
- |           |                   |
|-----------|-------------------|
| (a) True  | (c) Ambiguous     |
| (b) False | (d) None of these |

15. Which amongst these is not a role of a community psychologist?
- |                |               |
|----------------|---------------|
| (a) Developer  | (c) Supporter |
| (b) Challenger | (d) Recycler  |

16. Community Psychology is a new field of psychology.
- |           |                   |
|-----------|-------------------|
| (a) True  | (c) Ambiguous     |
| (b) False | (d) None of these |

**B. Terms/ Short Questions/ Definition /etc. (Each of 01 mark) (07)**

1. What is the meaning of intervention?
2. Name any 2 humanistic therapies.
3. Write down one major symptom of severe depression.
4. Define the term therapy.
5. Behaviour therapy emphasizes upon rectifying a person's maladaptive emotions. (True/False)
6. Only an individual who is a great leader, can become a successful community psychologist. (True/False)
7. What is the meaning of the term "olfactory"?

**Q.2 Answer the following.**

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|--|------|
| A. What is delusion. Write down its types.                   | (04) |
| B. What is crisis intervention? Explain the types of crisis. | (04) |
| C. Write one model of Crisis Intervention.                   | (04) |

**OR**

- |                                      |      |
|--------------------------------------|------|
| C. Write a short note hallucination. | (04) |
|--------------------------------------|------|

**Q.3 Answer the following.**

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|--|------|
| A. Write down any 2 mood disorders with their symptoms.      | (05) |
| B. Describe the roles of a community psychologist in detail. | (05) |
| C. Write a short note on depression in about 80 words.       | (05) |

**OR**

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|--|------|
| C. Write a short note on concept of mental health. | (05) |
|--|------|

**Q.4 Answer the following.**

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|--|------|
| A. Describe the process of community work in detail.     | (06) |
| B. What is schizophrenia? Explain the types.             | (06) |
| C. Write a short note on any one therapy of your choice. | (06) |

**OR**

- |  |      |
|--|------|
| C. Write down the scope of community psychology explaining its relevance in today's era. | (06) |
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