

PARUL UNIVERSITY
FACULTY OF LIBERAL ARTS
B. Arts Winter 2024-25 Examination

Semester: 6

Subject Code: 15105362

Subject Name: Introduction to Diagnosis and Counselling Skills

Date: 02/12/2024

Time: 10:30am to 01:00pm

Total Marks: 60

Instructions:

1. All questions are compulsory as per instructions.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

SECTION A (30 Marks)

Q.1	Multiple Choice Question (1 * 5 = 5)	(5)	CO	PO	BT		
1	Combined treatment involves		1	1	R		
a.	Medication and Therapy					b.	Medication and Surgery
c.	Therapy and Surgery					d.	Assessment and Diagnosis
2	Systematic desensitization was given by		2	1	R		
a.	Sigmund Freud					b.	B.F. Skinner
c.	J.B. Watson					d.	Joseph Wolpe
3	_____ is when a client redirects his own feelings towards counsellor		2	2	R		
a.	Transfer					b.	Transference
c.	Emotional redirection					d.	Countertransference
4	TAT was developed by		2	1	R		
a.	Freud					b.	Cattell
c.	Jung					d.	Murray
5	Genuineness in counseling is also known as		3	1	R		
a.	Congruence					b.	Sympathy
c.	Empathy					d.	Understanding
Q.2	Short answer type Question (150 – 200 words). (6 * 3 = 18)	(18)					
1	What is evidence based therapy?		1	1	U		
2	Elaborate the importance of listening skills in counseling		2	2	A		
3	Describe systematic desensitization in detail.		2	1	A		
Q.3	Long answer type Question (1000 -1200 words). Attempt any one (1*7 = 7)	(7)					
1	Explain the behavioral approach to counseling.						
2	Define projective technique of assessment in counseling.						

SECTION B (30 Marks)

Q.1	Multiple Choice Question (1 * 5 = 5)	(5)	CO	PO	BT	
1	Which of the following is Freud's concept		2	1	R	
	a. Flooding					b. Aversion therapy
	c. Three core conditions					d. Transference-countertransference
2	Which is the best method of collecting information from children during counselling		4	2	R	
	a. Interviewing					b. Objective questionnaire
	c. Observation					d. Subjective questionnaire
3	Orientation of a client in counselling is measured through		4	1	R	
	a. Intake interview					b. Case history
	c. MSE					d. Treatment
4	MSE stands for		2	2	R	
	a. Mental status examination					b. Mental status experiment
	c. Mental structure exam					d. Manual structure examination
5	Written messages come under which form of communication?		3	1	R	
	a. Non-Verbal					b. Language
	c. Verbal					d. None of the Above
Q.2	Short answer type Question (150 – 200 words). (6 * 3 = 18)	(18)				
1	Throw light on the issues of diversity in counselling		3	2	U	
2	Write a note on 'can therapy be harmful'		2	4	A	
3	What is therapeutic alliance?		1	2	A	
Q.3	Long answer type Question (1000 -1200 words). Attempt any one (1*7 = 7)	(7)				
1	Explain the role of counselors in school settings.		2	1	A	
2	Explain psychodynamic approach of counseling.		2	2	A	