

PARUL UNIVERSITY
FACULTY OF ARTS/MANAGEMENT AND STUDIES
B.ARTS/BBA Summer 2023 – 24 Examination

Semester: 2

Subject Code: 15010402PG01

Subject Name: Psychology- II

Date: 01/06/2024

Time: 10:30pm to 1:00am

Total Marks: 60

Instructions:

1. All questions are compulsory.
2. Figures to the right indicate full marks.
3. Make suitable assumptions wherever necessary.
4. Start new question on new page.

Q.1	Do as directed.	(08)	CO	PO	BT
A.	Multiple choice type questions. (Each of 0.5 mark)				
1.	Our sex is typically defined by our _____ and our sexuality is typically defined by _____. (a) Biology, Physiology (b) Physiology, Biology (c) Biology, how we express ourselves (d) How we express ourselves, Biology		4	1	U
2.	Which are the stages of GAS? (a) Addiction, Relaxation, Exhaustion (b) Addiction, Resistance, Exhaustion (c) Alarm, Resistance, Exhaustion (d) Alarm, Relaxation, Exhaustion		6	1	R
3.	_____ emotions on the other hand, are emotions that necessarily require a sense of self as well as an ability in order to reflect on one's actions. (a) Conscious (b) Self Obsessed (c) Self unconscious (d) Self conscious		1	4	U
4.	What are unconscious strategies used to manage anxiety and protect self-esteem? (a) Mechanisms (b) Defined mechanism (c) Defense mechanism (d) Default mechanism		6	4	R
5.	Sigmund Freud, believed dreams were a _____. (a) royal road to the conscious (b) road to the heaven (c) royal road to the unconscious (d) royal road to the dream		5	3	U
6.	_____ are any cognitive process that occurs within your conscious mind, but you do not say out loud or express through any physical manifestation. (a) Perception (b) Memory (c) Language (d) Thought		2	5	R
7.	_____ is a state of heightened suggestibility and focused attention. (a) Hypnosis (b) Consciousness (c) Dream (d) Half Sleep		5	6	R
8.	Physical side of sexuality and gender _____. (a) Hormones (b) The nervous system (c) Physical health (d) all of them		4	2	U
9.	Our genetic makeup inherited from our parents strongly influences our intelligence potential that is known as _____. (a) Nurture (b) Nature (c) Flynn effect (d) none of the above		3	2	R
10.	Social cognitive theory was given by _____. (a) Albert Einstein (b) Albert Bandura (c) Albert Freud (d) None of the above		4	4	R
11.	What was the main idea of Psychoanalytic theory given by Sigman Freud? (a) This theory views gender identity as a cognitive process. "Gender constancy" (b) This theory suggests hormones, genes, and other biological factors contribute to gender differences related to reproduction and survival (c) unconscious desires and childhood experiences (d) how observing others shapes gender identity through social learning.		4	3	U

12.	According to _____ there are seven independent cognitive abilities contributing to intelligence. (a) Spearman (b) L.L. Thurstone (c) Cattell (d) Sternberg		3	5	R
13.	Desire disorder is _____. (a) A lot of interest in sexual activity (b) Difficulty becoming physically aroused (c) inability to orgasm (d) Lack of interest in sexual activity		4	6	U
14.	'Unhealthy relationships and work-life imbalance can all contribute to increased stress levels', are known as what type of factor that affects stress? (a) Personality (b) Social (c) Physiological (d) Mental		6	2	U
15.	_____ involves the ability to draw logical conclusions or make inferences based on evidence and principles. (a) Creativity (b) Problem- Solving (c) Reasoning (d) Thinking		2	2	U
16.	Coping mechanisms are strategies we use to manage stress and its effects. (a) true (b) false		6	1	E
B.	Terms/ Short notes/ Case study/ Charts/ Graphs/ Tables, etc. (Each of 01 mark)	(07)			
1.	Definition of Intelligence by Jean Piaget		3	1	U
2.	Basic emotions		1	4	U
3.	The Flynn Effect.		2	3	U
4.	Example of Physical factors that causes sexual dysfunction		4	5	U
5.	Full form of GAS		5	1	R
6.	Who is known as father of psychoanalysis?		6	2	R
7.	What is Emotion-Focused Coping?		6	2	U
Q.2	Answer the following.				
A.	Write down how meditation works as coping during stress.	(04)	6	4	A
B.	Elaborate the Biology of Sleep.	(04)	5	3	U
C.	Any two theories of gender.	(04)	4	1	A
	OR				
C.	What are the individual differences in intelligence?	(04)	3	2	A
Q.3	Answer the following.				
A.	Discuss how personality and stress is connected?	(05)	6	1	A
B.	Explain influence of psychoactive drugs.	(05)	5	1	A
C.	Explain human sexual behaviour.	(05)	4	4	U
	OR				
C.	Imagine you're reading a news article. How can you use critical thinking skills to evaluate the information presented?	(05)	2	3	E
Q.4	Answer the following.				
A.	Elaborate coping mechanism, problem focused coping and emotion focused coping.	(06)	6	1	U
B.	What is Freudian introspection and dream content?	(06)	5	5	U
C.	Write down physical and psychological side of sexuality and gender in brief.	(06)	4	6	U
	OR				
C.	Compare and contrast the James-Lange Theory and the Facial Feedback Theory of emotion.	(06)	1	2	A