

**PARUL UNIVERSITY**  
**BAMS Regular Examination SEP- 2022**

**Subject Name -Swasthavritta and Yoga**  
**Subject Code: 02101304**  
**Year: 3**

**Date: 6-9-2022**  
**Time: 2:00pm to 5: 00pm**  
**Total Marks: 100**

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**Instructions:**

1. All questions are mandatory.
2. Figures to the right indicate full marks.
3. Draw Diagram wherever necessary.

**Section A (50 – Marks)**

- Q.1 Compulsory Questions (10)**  
Write down the methods of purification of water
- Q.2 Answer any One from the following. (10)**  
(a) Explain in detail non-communicable diseases and its management strategy.  
(b) Write a short note on occupational health
- Q.3 Answer any Four questions from the following.(Each 5 Marks) (20)**  
(a) Write in detail about techniques of shavavinashana  
(b) Write down the epidemiology of leprosy  
(c) Write down school health services and possible Ayurvedic contribution  
(d) Write the Ayurveda concept of Vyadhikshamatva and sankramakaroga  
(e) What is man-made disaster and Explain the disaster management cycle
- Q.4 Answer any Five questions. (Each 2 Marks) (10)**  
(a) Causative organisms of gonorrhoea and syphilis  
(b) Define disinfection with a suitable example  
(c) Write down the features of NivasaYogyabhoomi  
(d) Methods of air purification according to Ayurveda (10)  
(e) Differentiate disinfection and disinfectants  
(f) Write down the vaccines made available for Covid-19

**Section- B (50 – Marks)**

- Q.1 Compulsory Question (10)**  
Write a short note on PHC and role of Ayurveda in PHC
- Q.2 Answer any One from the following. (10)**  
(a) Define family planning and methods of contraception  
(b) Briefly explain National Health Mission
- Q.3 Answer any Four questions from the following. (Each 5 Marks) (20)**  
(a) Write a short note on Malaria control program  
(b) Write down the problems of elderly, prevention and control measures  
(c) National immunization schedule  
(d) Brief UNICEF and its functions  
(e) Write a short note on RNTCP
- Q.4 Answer any Five questions. (Each 2 Marks) (10)**  
(a) Define Ergonomics  
(b) What is demography?  
(c) Write down IDD  
(d) What are the duties of a medical officer?  
(e) Mention the levels of health care in India  
(f) What is ALMA ATA declaration?