

PARUL UNIVERSITY
FACULTY OF AYURVED
BAMS Preliminary Exam Year – 4, Jan-2024

Year: 4th BAMS
 Subject Code: 02101403
 Subject Name: Panchakarma

Date: 03/02/2024
 Time: 10:00 AM to 01:00 PM
 Total Marks: 100

Instructions:

1. All questions are mandatory.
2. Figures to the right indicate full marks.
3. Draw Diagram wherever necessary.
4. Write section-A, section-B on separate answer sheets

SECTION- A (50 – Marks)

- Q.1 This will be compulsory question. (10)**
 Explain *Jentak Swedan Karma* in terms of *Trividha Karma*.
- Q.2 Answer any One from the following. (10)**
 (a) Write in detail indications of different *Sneha-Ghrut, Taila, Vasa* and *Majja*- along with its properties.
 (b) What is *Panchashodhan*? Explain mode of action of *Shodhan*. Write down the *Panchakarma* Protocol for *Kushta*.
- Q.3 Answer any Four questions from the following. (Each 5 Marks) (20)**
 (a) Explain Fat Metabolism and its applicability in *Shodhananga Snehapaan*.
 (b) Write a note on *Upanah Swedan* and its Utility.
 (c) Explain mode of action of *Vaman Karma* according to *Ayurveda*.
 (d) Elaborate Indications and benefits of *Shamananga Sweda*.
 (e) Explain types of *Virechan* according to *Acharya Sharangdhar* with appropriate examples.
- Q.4 Answer any Five questions. (Each 2 Marks) (10)**
 (a) Describe the *Ashtamahadoshkar Bhava*.
 (b) Describe *Vaman Samyaka Yoga Lakshanas*.
 (c) Write a note on *Virechanopaga Dravya*.
 (d) Write a note on *Rasodi Sansarjan Karma*.
 (e) Elaborate *Panchakarma* Protocol for *Shwas Vyadhi*.
 (f) Explain- *Virechan Atiyog*.

SECTION B (50 – Marks)

- Q.1 This will be compulsory question. (10)**
 Explain *Shaman Nasya* in terms of *Trividh karma*.
- Q.2 Answer any One from the following. (10)**
 (a) Explain *Jalaukavecharan Vidhi* in detail-Indications, contraindications, SOP, *Samyak Yoga lakshanas* and *Vyapada*
 (b) Explain *Basti Vidhi*.
- Q.3 Answer any Four questions from the following. (Each 5 Marks) (20)**
 (a) Write a note on *Avapeedak Sneha*.
 (b) Write a note on *Infrared Therapy*.
 (c) Explain any 3 *Sneha Basti Vyapad* with its symptoms and treatment.
 (d) Write note on *Valtaran Basti*
 (e) Write a note on *Dhoomnasya*.
- Q.4 Answer any Five questions. (Each 2 Marks) (10)**
 (a) Write a note on *Durvidhya Stra*.
 (b) Write down *Samyak Yoga Lakshanas* of *Niruha Basti*.
 (c) Explain in detail classification of *Basti* with appropriate examples.
 (d) Explain *Ahar* specifications before *Anuvasan, Niruha, Mutra* and *Yapan Basti*.
 (e) Elaborate the Indications of *Virechan, Bruham* and *Shaman Nasya* according to *Ashtang Hruday*.
 (f) *Samyak Vyudha Lakshanas*.