

**PARUL UNIVERSITY**  
**FACULTY OF NURSING**  
**M.Sc. Nursing, (September – 2022) Examination**

**Year: 1****Subject Code: 09202101****Subject Name: Mental Health Nursing****Date: 05-09-2022****Time: 10:00am to 01:00pm****Total Marks: 75****Instructions:**

1. Attempt all questions from each section.
2. Figures to the right indicate full marks.
3. Draw diagrams wherever necessary.
4. Write section-A, section-B on separate answer sheets.

**SECTION - A (40 MARKS)**

**Q-1 Long Essays (Any one out of two) (1 x 15) (15)**

1. Explain trends in the field of psychiatry and psychiatric nursing. Discuss extended and expanded role of a psychiatric nurse
2. Define Stress. Discuss in detail about Stress as a transaction between the individual and the Environment. Add a note on various Stress Management techniques.

**Q-2 Short Essay (1 x 10) (10)**

1. Yoga as an alternative system of Medicine in Mental Health

**Q-3 Short Answers (3 x 5) (15)**

1. Freud's Psycho Analytical theory
2. Milieu Therapy
3. Standards of Psychiatric Nursing

**SECTION - B (35 MARKS)**

**Q-1 Long Essays (Any one out of two) (1x 15) (15)**

1. Define Therapeutic Communication. Discuss barriers in communication with specific reference to psychopathology. Elaborate the techniques used in therapeutic communication
2. Explain problems related to conception, pregnancy and puerperium and its management in Detail

**Q-2 Short Essays (1 x 10) (10)**

1. Define ECT. Explain pre, intra and post-ECT nursing responsibility

**Q-3 Short Answers (2 x 5) (10)**

1. Discuss components of Self- Concept and Manifestations of Low-Self Esteem
2. Lithium Toxicity and it's Management