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Year: 1
Subject Code:09101104
Subject Name: Psychology

Date: 08/09/2022
Time: $\mathbf{2 . 0 0} \mathrm{pm}$ to 5.00 pm
Total Marks: 75

## Instructions:

(1) Answer to the point.
(2) Figure to the right indicates full marks.
(3) Write legibly.
(4) Draw diagrams wherever necessary.
(5) Use separate answer books for each section.

SECTION A (37 MARKS)
Q-1 Long Essays (Any one out of two) (1 x 10)
1 Define stress. What are the factors influencing stress. Explain about stress adaptation models.
2 What are the factors influencing learning? What are the laws of learning?
Q-2 Short Essays (Any three out of six) ( $\mathbf{3} \times 5$ )
1
Maslow's hierarchy of needs.
2 Perception
3 Definition and types of aptitude
4 Defense mechanisms.
5 Types of intelligence.
6 Determinants of attention.
Q-3 Short Answers ( $6 \times 2$ )
1 Explain Mental hygiene.
2 List out stages of cognitive development.
3 Define Adaptation.
4 Define illusion. Give an example.
5 What is the difference between ego and superego?
6 What is amnesia?
SECTION B (38 MARKS)
Q-1 Long Essays (Any one out of two) (1x 10)
1 Define conflict. Discuss the types of conflict. How to resolve the conflicts?
2 Define Motivation and explain the types of motivations.
Q-2 Short Essays (Any four out of seven) (4 x 5)
1 Psychoanalytical theory
2 Characteristics of a mentally healthy person.
3 Scope of psychology and its application in nursing.
4 Mental retardation
5 Guidance
6 Types of personality.
7 Classical conditioning

## Q-3 Short Answers (4 x 2)

$1 \quad$ What is the formula to find IQ?
2 List out the types of nonverbal communication.
3 Define insight.
4 List out components of emotion.

