

**PARUL UNIVERSITY**  
**FACULTY OF AYURVED**

**BAMS Year – 3, Internal Examinations – Feb. 2021**

Year: 2021

Date: 8/02/2021

Subject Code: 02101303/04

Time: 10:00 AM to 01:00 PM

Subject Name: Swasthavritta &amp; Yoga

Total Marks: 100

**Instructions:**

1. All questions are mandatory.
2. Figures to the right indicate full marks.
3. Draw Diagram wherever necessary.
4. Write section-A, section-B on separate answer sheets

**SECTION- A (50 – Marks)**

|            |   |             |
|------------|---|-------------|
| <b>Q.1</b> | <b>Compulsory</b>   | <b>(10)</b> |
|            | Describe the definition of health according to Ayurveda & WHO and describe the Dimension of Health.       |             |
| <b>Q.2</b> | <b>Answer any One from the following.</b>   | <b>(10)</b> |
|            | (a) Enlist the <i>Dharaniya Vega</i> . Explain its importance in the prevention of psychosomatic disease. |             |
|            | (b) Describe the role of Ayurvedic dietetics in the prevention of Non communicable disease                |             |
| <b>Q.3</b> | <b>Answer any Four questions from the following. (Each 5 Marks)</b>                                       | <b>(20)</b> |
|            | (a) Write a short note on: Vasant rutucharya  |             |
|            | (b) Explain the verse.<br>उद्वर्तनं कफहरं मेदसः प्रविलायनम्। स्थिरीकरणमङ्गानां त्वक्प्रसादकरं परम्॥       |             |
|            | (c) Write a short note on Meat examination.   |             |
|            | (d) Write a short note on Sandhyacharya   |             |
|            | (e) Write a short note on – Pasteurization.   |             |
| <b>Q.4</b> | <b>Answer any Five questions. (Each 2 Marks)</b>  | <b>(10)</b> |
|            | (a) Write the sources and deficiency disorder of Niacin.  |             |
|            | (b) Enlist Bhojanottar Vidhi.   |             |
|            | (c) Enlist Nidranasha hetu.   |             |
|            | (d) Write the benefits of Samvahanan.   |             |
|            | (e) What is Yamdamshtra?  |             |

**SECTION B (50 – Marks)**

|            |  |             |
|------------|--|-------------|
| <b>Q.1</b> | <b>Explain the dynamics of disease transmission in detail.</b>         | <b>(10)</b> |
| <b>Q.2</b> | <b>Answer any One from the following.</b>                              | <b>(10)</b> |
|            | (a) Explain the large scale water purification methods.                |             |
|            | (b) Describe the epidemiology, control and prevention of typhoid.      |             |
| <b>Q.3</b> | <b>Answer any Four questions from the following. (Each 5 Marks)</b>    | <b>(20)</b> |
|            | (a) Explain in detail disinfection.                                    |             |
|            | (b) Explain the clinical features of cholera.                          |             |
|            | (c) Explain immunizing agents in detail.                               |             |
|            | (d) Explain hardness of water.   |             |
|            | (e) Explain prevention and control of diphtheria.                      |             |
| <b>Q.4</b> | <b>Answer any Five questions. (Each 2 Marks)</b>                       | <b>(10)</b> |
|            | (a) Explain AEFI (Adverse events following immunization).              |             |
|            | (b) Explain Carrier and its types.                                     |             |
|            | (c) Enlist household methods of water purification.                    |             |
|            | (d) Explain the uses and functioning of vaccine vial monitor in short. |             |
|            | (e) Differentiate incidence and prevalence.                            |             |
|            | (f) Explain opportunistic infections with example.                     |             |