

**PARUL UNIVERSITY**

Parul Institute of Ayurved

BAMS Year-1, Internal/Preliminary Examination Jan-Feb- 2020

Year: 1<sup>st</sup>

Date: 30/01/2020

Subject Code:

Time: 11:00AM-1:00PM

Subject Name –Ashtang Hridaya

Total Marks: 100

**Instructions:**

1. All questions are mandatory.
2. Figures to the right indicate full marks.
3. Draw Diagram wherever necessary.

**Section A (50 – Marks)**

Q.1	Describe climatic phenomena of Uttarayan and Daxinayan. Discuss its effects on Sharirbala bala and state of Tridosha.	(10)
Q.2	<b>Answer any One from the following.</b>	(10)
a)	Indicate various classification of Roga with short introduction on each.	
b)	Give characteristic properties of Tridosh. Mention its relation with Shad Rasa and Agni.	
Q.3	<b>Answer any Four questions from the following.(Each 5 Marks)</b>	(20)
a)	Explain Greeshm Rutucharya in detail.	
b)	What is Sadvrutta? Discuss its advantages.	
c)	Write benefits, indication and contra indication of Vyayam.	
d)	Indicate Chikitsa chatushpada with their ideal qualities.	
e)	Vayoh raatribhuktaanaam te anta madhyaadikaa kramaat I Te vyaapinopi hrinnaabhyoh adhomadhyordhwa sanshrayaah II....explain.	
Q.4	<b>Answer any Five questions. (Each 2 Marks)</b>	(10)
a)	Give meaning and benefits of Udvartana.	
b)	Indicate meaning of Dushy and enlist it.	
c)	Mention dashvidha Paap karma with meaning.	
d)	Write the best Shodhan and Shaman for Tridosh.	
e)	What is Hansodaka?	
f)	Give definition and management of Rutusandhi.	

**Section- B (50 – Marks)**

Q.1	'dosha dhatu malaa moolam sada dehasya....';discuss stanza and explain normal functions of each Dosha, Dhatu and Mala.	(10)
Q.2	<b>Answer any One from the following.</b>	(10)
a)	Explain factors of Samyak Ahar matra. Write causes and general symptoms of Ajeerna.	
b)	Give definition and features of Oja. Indicate causes, symptoms and treatment of Ojakshay.	
Q.3	<b>Answer any Four questions from the following.(Each 5 Marks)</b>	(20)
a)	Explain Kshay- Vruddhi laxanani of Kapha.	
b)	Discuss Ashrayashrayee relation of Dosha – Dushya in detail.	
c)	Describe Alasaka and Visuchika with feature and general treatment.	
d)	Write Kshyaya Vruddhi Lakshana of Trimala.	
e)	' रसादिसाम्ये यत् कर्मविशिष्टं तत् प्रभावजम् II Explain with examples.	
Q.4	<b>Answer any Five questions. (Each 2 Marks)</b>	(10)
a)	Indicate Nitya Sevaniya Dravya.	
b)	Mention effect of Hina and Atimatra Aahar.	
c)	Write benefits of Anupana.	
d)	'द्रव्यमेव रसादीनां श्रेष्ठं ते ही तदाश्रयाः । Give meaning.	
e)	Write definition and types of Vipaka.	
f)	What is Samashana Vishamashana and Adhyashana?	