



UNDERSTANDING OF YONI ARSAS IN AYURVEDIC CLASSICS

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ABSTRACT

Though the term arsh in common parlance means, only ano-rectal disorder, the mention of similar condition occurring elsewhere in the body like karna, nasa, medhra or yoni etc do attract the attention of modern scholars. Cervical mucous polyps can be considered as the equivalent entity for yoni arsha. Galen, in the second century, first time described the new growths arising from the uterus. An effort is made to identify a simpler and more efficient form of treatment with less risk to the patient in comparison to surgery. Since Yoni arsha is not a threat to health or life so the least invasive treatment is the most desirable. Sushruta does not suddenly opt for surgery but gives due importance to medical and Para surgical methods which are safe, simple, effective and least invasive.

KEYWORDS: karna, nasa, medhra or yoni etc.